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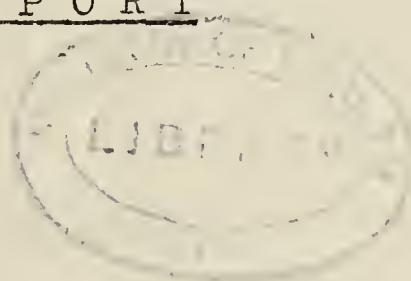
U P P I N G H A M

R U R A L D I S T R I C T C O U N C I L .

.....oOo.....

A N N U A L R E P O R T

of the



M E D I C A L O F F I C E R O F H E A L T H

for the

Y E A R E N D I N G

31st. DECEMBER, 1954.

.....oOo.....



UPPINGHAM RURAL DISTRICT COUNCIL.

A N N U A L   R E P O R T.

of the

MEDICAL OFFICER OF HEALTH

1954.

Mr. Chairman, Ladies & Gentlemen,

I beg to submit my Annual Report for the year 1954. This Report deals generally with matters within my responsibility regarding Public Health and Preventive Medicine and is presented in the form required by the Ministry of Health.

GENERAL STATISTICS.

Area (in acres) .....	24,735.
Registrar General's Estimate of Population.....	6,250.
Number of inhabited houses at the end of 1953.....	1,933.
Rateable Value .....	£35,317.
Nett product of a penny rate .....	£ 138.

VITAL STATISTICS.

	<u>Males</u>	<u>Females</u>	<u>Total</u>
Live Births - Legitimate	58	57	115
Illegitimate	<u>6</u>	<u>2</u>	<u>8</u>
	<u>64</u>	<u>59</u>	<u>123</u>
Still Births - Legitimate	2	3	5
Illegitimate	<u>-</u>	<u>-</u>	<u>-</u>
	<u>2</u>	<u>3</u>	<u>5</u>

	<u>Rate for</u> <u>District.</u>	<u>Rate for</u> <u>England &amp; Wales.</u>
Birth Rate	25.4	15.2
Death Rate	9.4	11.3
Infant Mortality Rate per 1,000 live births.	8.1	25.5

These Statistics compare very favourably with those for England and Wales.



# CAUSES OF DEATH.

	<u>Males.</u>	<u>Females.</u>
Tuberculosis Respiratory	1	1
Other infective and parasitic disease	-	-
Malignant neoplasm stomach	2	-
Malignant neoplasm breast	1	3
Other malignant & lymphatic neoplasms	1	1
Diabetes	1	-
Vascular lesions of nervous system	5	6
Coronary disease, Angina	4	2
Hypertension with heart disease	-	-
Other heart disease	7	7
Other circulatory disease	3	1
Influenza	1	-
Pneumonia	-	1
Bronchitis	-	3
Ulcer of Stomach & Duodenum	1	1
Nephritis & Nephrosis	-	-
Congenital Malformations	-	-
Other defined and ill-defined diseases	3	7
Motor vehicle accidents	2	-
All other accidents	3	1
Suicide	-	-
	<hr/>	<hr/>
	35	34
	<hr/>	<hr/>

## PREVALENCE OF AND CONTROL OVER INFECTIOUS AND OTHER DISEASES.

Notifiable diseases (other than Tuberculosis) during the year 1954.

<u>Disease.</u>	<u>Total cases notified.</u>	<u>Cases Admitted to Hospital.</u>	<u>Total Deaths.</u>
Pneumonia	2	-	1
Scarlet Fever	1	-	-
Poliomyelitis	(1 cases of Poliomyelitis was reported during the year, but subsequently proved to be negative).		

Disease.	Under 1	$\frac{1}{2}$	$\frac{2}{3}$	$\frac{3}{4}$	$\frac{4}{5}$	$\frac{5}{10}$	$\frac{10}{15}$	$\frac{15}{25}$	$\frac{25}{35}$	$\frac{35}{45}$	$\frac{45}{64}$	65 and over
Pneumonia	-	-	-	-	-	1	-	-	-	-	-	1
Scarlet Fever	-	-	-	-	-	1	-	-	-	-	-	-



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Tuberculosis.

New Cases and Mortality during 1954.

Age Groups	<u>New Cases.</u>				<u>Deaths.</u>			
	Pulmonary		Non-Pulmonary		Pulmonary		Non-Pulmonary.	
	M	F	M	F	M	F	M	F
Under 5	-	-	-	-	-	-	-	-
5 - 14	1	-	2	-	-	-	-	-
15 - 24	-	-	-	2	-	-	-	-
25 - 34	-	-	-	-	-	1	-	-
35 - 65	1	-	-	1	1	-	-	-
Over 65	-	-	-	-	-	-	-	-

TYPE OF DISTRICT.

The district is almost entirely agricultural.

GENERAL PROVISION OF HEALTH SERVICES  
FOR THE AREA.

Public Health Officers of the Authority.

Medical Officer of Health - John Young, M.B., Ch.B., D.P.H., Camb.  
The Medical Officer of Health acts for the Leicestershire and Rutland Combined Districts in which this district is included.

Sanitary Inspector and Surveyor - Alan J. Birkett, Cert.R.S.I.

Laboratory Facilities.

The following examinations were carried out during the year at the Public Health Laboratory, Leicester :-

Faeces	.....	17
Throat Swab...		1
Milk	.....	21
Water	.....	23
Food	.....	4

SANITARY CIRCUMSTANCES OF THE AREA.

Water.

The water supply for the district is derived as follows :-

- (a) to Uppingham by the Uppingham Waterworks Co.
- (b) to Lyddington in bulk from the Uppingham Waterworks Co.,





- (c) to Thorpe-by-Water from an extension of the Lyddington
- (d) to Ayston from an extension of the Uppingham Town (main supply)
- (e) to the rest of the district comprising 15 villages, water is derived from shallow wells and boreholes.

Quantity and Quality

- (1) Bacteriological examinations of the piped supply at Uppingham were made during the year - 6 samples proving unsatisfactory.  
The necessary action was taken by the Water Company.
- (11) There is no tendency to plumbo-solvency in the water supplies, and no action was taken during the year in this respect.
- (111) All Villages using shallow wells are advised to boil drinking water.
- (1V) Shortages of water occurred in certain villages during the year and temporary arrangements were made to overcome the shortages.
- (V) Uppingham  
Number of houses supplied from public water mains direct ..... 674  
Number of population supplied from public water mains directly connected..... 2450  
Standpipes ..... -
- (VI) Lyddington.  
Number of houses supplied from public water mains direct to houses ..... 83  
Pop. .... 206  
Number of houses supplied from standpipes ..... 24  
Pop. .... 80
- (VI1) Other Parishes are supplied from shallow wells etc. The Scheme for the supply of water to five villages in the Eastern part of the District was in hand at the end of the year, and work was proceeding satisfactorily. Work had commenced on the supply of water in bulk to Barrowden village from the Oundle & Thrapston R.D.C., but it had not reached the Barrowden boundary at the end of the year.  
All materials were on the site for distribution throughout the village.  
A Scheme for the extension of the five village scheme to supply water to Preston and Ridlington was approved by the Council during the year.  
The scheme to supply water to the Parishes of Belton and Allextan was approved by the Council during the year and is now awaiting the final approval of the Ministry.  
Negotiations continued during the year between the Council and the Uppingham Waterworks Company regarding the proposed purchase by the Council of the Water Undertaking.

Drainage and Sewerage.

The following areas are sewered :-

- Uppingham
- Lyddington Village
- Belton
- Glaston
- Certain portions of Preston.



At Uppingham the drainage scheme for the Ayston Road area was completed during the year, and was put into service.

The Uppingham Sewage Works are becoming increasingly overloaded and the standard of purification is gradually deteriorating.

A scheme for the sewerage of North and South Luffenham was approved by the Council during the year, and is awaiting the approval of the Ministry.

#### Closet Accommodation.

Total number in the district at the end of 1954...Approx.

a) Privies and Pail Closets.....	820
b) Water Closets.....	950

#### Public Cleansing.

The Scavenging System permitted of fortnightly collections from all properties within the district, and certain additional collections were made regularly from Hotels and School Houses.

#### PREVENTION OF DAMAGE BY PESTS ACT, 1949.

The system adopted by the Council for the employment of a professional rodent operator has been carried on throughout the year. This system has not worked well, and there were various complaints regarding inefficiency submitted to the Council, who are now considering the advisability of joining in the County Joint Pest Control Scheme.

#### SANITARY INSPECTION OF THE AREA.

The particulars given under this heading are for all purposes including particulars given elsewhere in the report.

Total number of complaints received .....	85
Total number of defects or nuisances discovered .....	69

<u>Nature of Inspections :-</u>	<u>Inspections.</u>	<u>Re-visits.</u>
Dwelling houses (all purposes)	350	320
Tents, Vans etc.,	8	20
Food Premises	178	48
Offensive Trades	-	-
Factories & Workshops	12	10
Shops	50	31
Other Premises	210	220
	<u>808</u>	<u>649</u>

#### Notices.

<u>Preliminary.</u>	<u>Housing.</u>	<u>Other.</u>
Outstanding on 1st January, 1954	3	-
Issued during the year	6	5
Complied with during the year	7	6
Statutory action necessary	-	-
Outstanding on 31st. December, 1954	2	-





Statutory.

Outstanding on 1st January, 1954	-	-
Issued during the year	6	-
Complied with during the year	6	-
Outstanding on 31st. December, 1954	-	-

Inspections by the Medical Officer of Health.

Dwelling Houses .....	94
Food Premises .....	51
Shops .....	43
Dairies and Cowsheds .....	14
Miscellaneous .....	52

H O U S I N G.

General.

Repair work has continued throughout the year to privately owned properties. During the year licensing of work ceased to be necessary, and consequently a great deal of outstanding repair work was done.

During the year 5 Improvement Grants were made throughout the District. The Council also considered the purchase of several privately owned properties, where suitable for re-letting to housing applicants on the Council's waiting list, but no actual purchase was made by the end of the year.

At the end of the year work was going forward on the inspection of houses throughout the district in connection with the Council's future Slum Clearance Programme under the Housing Act, 1936

Inspection of Dwelling Houses during the Year.

1. (a) Total number of dwelling houses inspected  
for housing defects (under Housing Acts) - 37
- (b) Number of inspections made for the purpose - 68
2. Number of dwelling houses (exclusive of those  
referred to under the preceding sub-head)  
found not to be in all respects reasonably  
fit for human habitation. 11

Remedy of Defects during the Year without service of  
Formal Notices.

Number of defective dwelling houses rendered fit in  
consequence of informal action by the Local Authority or  
their Officers. 10

Post War Housing.

During the year 23 houses and flats were completed in the district. At the end of the year erection was going forward to provide a further 25 houses at Uppingham - these being a Council Scheme, and 5 private dwellings.





On the 31st. December, 1954 there were 115 applicants for Council Houses on the Waiting List.

SUPERVISION OF FOOD.

Biological examination of milk continued throughout the year and 21 samples were taken and submitted to the Laboratory for examination. It was found necessary to curtail sampling work due to pressure of other duties.

Ice-Cream.

No ice-cream is manufactured in the district. All registered premises sell pre-packed ice-cream obtained from approved Manufacturers.

Meat and Other Foods.

Generally speaking, there is an improvement in the handling and cleanliness of food offered for sale to the gneral public. Repairs were being effected to two bakehouses in Uppingham town whilst butchers' shops have generally been put into a fair standard of repair. There is, however, still room for improvement.

Eight private slaughterhouses were licensed during the year (temporarily) following the de-control of meat rationing. The new system works quite well and it is evident that the quality of meat exposed for sale is of a high standard.

Food Premises.

1. - No. of Food Premises in Area by Type of Business.

Bakehouses .....	7
Dairies .....	3
Butchers Shops .....	8
Cafes and Hotels .....	7
Grocers Shops .....	33
(inc. Greengrocers etc.)	
Fish Fried .....	1
Fish Fresh .....	1
Premises registered for sale of Ice-Cream....	25

N.B. Certain premises are automatically included under more than one sub-heading, e.g. Cafes and Ice-Cream premises.

2. - No. of Food Premises Registered under Section 14 of the Food & Drugs Act.

Premises Registered for the Sale of Ice-Cream .....	25
Others .....	Nil

No. of Dairies registered under the Milk & Dairies Regulations, 1949.

.....	3
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3. - No. of Inspections of Registered Food Premises.

.....	46
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4. Method of Disposal of Condemned Food.  
- Burnt or buried at Council Refuse Tip.

5. Examination of Food Consignments.  
..... Nil.

The following foods were examined and found unfit for human consumption:-

2 lbs. 9½ oz. of Soup.  
3 lbs. 8 oz. of Jam.  
15 lbs. of Milk.  
83 lbs. 4 oz. of Vegetables.  
10 lbs. of Tinned Fruit.  
1 lb. of Fish.  
423 lbs. 12 oz. of Meat.

NATIONAL ASSISTANCE ACT, 1948.

No action has been necessary during the year.

I have the honour to be,  
Your obedient Servant,

JOHN YOUNG.

Medical Officer of Health.

10, High Street,  
Melton Mowbray.







